

# Certified Ontological Coaching and Leadership Program South Africa, 2025 - 2026 SUMMARY

# A. CONFERENCES

9 all together totaling 29 face-to-face days

### Level 1

- Level 1 Opening Conference (4 days) 3 6 February 2025
- Mid-Level 1 Conference (2 days) 14 and 16 April 2025
- Closing Level 1 Conference (4 days) 24 28 June 2025 (Joburg) 1 5 July, 2025 (CT);

## Level 2

- Opening Level 2 Conference (4 days) 4 7 August 2025
- Mid-Level 2 Conference (2 days) 13 and 15 October 2025
- Closing Level 2 Conference (4 days) 25 29 November 2025 (two conferences to run concurrently in CT and Joburg).

### Level 3

- Opening Level 3 Conference (4 days) 27 30 January 2026
- Mid-Level 3 Conference 15 and 17 April 2026
- Closing Level 3 Conference 29 31 July 2026

# **B. ASSIGNMENTS AND LEARNING GROUPS**

Assignments are spaced 2-3 weeks apart, with approximately 14 hours per assignment.

- Reading, discussing and responding to papers about the ontological methodology
- Gender conversations
- Teaching/learning sessions with small groups not in the course (5)
- Public workshops collaborating in small groups to run one day workshops (2)
- Linguistic Diary
- Emotional Diary
- Body practice
- Body observations
- Coaching conversations fellow course participants\*\*
- Self-coaching
- Coaching members of the public (8 sessions)\*\*
- \* If you have already done the three-day Ontological Coaching and Leadership in Action workshop you need only attend Days 3 and 4 of this conference.
- Participating in at least 55 coaching conversations throughout the program in conferences and for assignment work.